



Week 2 – Unity & Maturity in the Body of Christ

Text: Ephesians 4:1–16

Big Idea: Mature Christians recognize the importance of unity in the church.

Application Point: Make every effort to maintain unity in the body of Christ.

Key Points (Practical Focus):

- Live Worthy of the Call – Watch for false callings: control, self-reliance, self-love.
- Four Marks of Maturity – Humility, Gentleness, Patience, Loving Forbearance.
- Unity Is Given, Not Created – Guard what the Spirit has already given.
- Equipped to Build – Leaders equip believers for service and growth.
- Maturity vs Immaturity – Speaking the truth in love leads to growth.

Small Group Questions

- Icebreaker: Share a time you ignored instructions or skipped the manual and paid for it later.
- Read Ephesians 4:1–6. What stands out about Paul's description of unity?
- Why do you think Paul starts with humility, gentleness, patience, and love before unity?
- Which of these four marks comes easiest for you? Which is hardest?
- Where do you see false callings (control, self-reliance, self-love) pulling on your life right now?
- What are some real-life situations in our church/families/work where unity is tested?
- How can you practically guard unity this week?
- In vv. 11–13, how do you see God equipping you to build up others?
- What does 'speaking the truth in love' look like in practice? How do we balance truth and grace?
- Closing Prayer: Pray for humility, gentleness, patience, and love to shape our unity as a church.